RECIPE

## **Basics of Articulation**



## Tip

Practice articulation exercises at varied dynamics and speeds to ensure a vast palette of clarity

## **Ingredients**

- Knowledge of tongue placement
- Awareness of breath support
- Control of the interaction between the tongue and air
- Elimination of unnecessary tension

## **Preparation**

- 1. **Tongue Placement** should be directly behind the top front teeth. The ultimate goal is to have the tongue very far forward in order to guarantee better clarity in articulation. When first learning to single tongue use the syllable "to" or "do" as the basis for your articulation.
- 2. **Good breath support** helps to support the articulation. If there is enough air behind the tongue, the articulation will come across with increased clarity.
- 3. Interaction of the tongue and airstream is an inevitable element of articulation. There must be a fast enough airstream for the tongue to float across and assist in the ease of production of the desired syllable. In order to develop agility in articulation, it is important to understand that the airstream is just as important as the movement of the tongue.
- 4. It is extremely easy to develop unnecessary tension when articulating. It is important to **eliminate unnecessary tension** in the embouchure to ensure that the quality of sound is not hindered when articulating, and the embouchure does not become fatigued.